

Strong Families Healthy Homes (SFHH) Service Menu

- A. **Intensive In-Home Tier 1 (formerly Invisible Children’s Program):** This program supports parents towards their mental health recovery, while providing families with education, support and advocacy to gain and maintain healthy, safe and appropriate parent and child relationships. This program is strength-based, family-driven and follows a recovery model of service and a belief that healthy family bonds create natural supports for sustaining wellness. Services included in this level of care are case staffings, therapy services, psychiatric services, transportation, food, childcare, guest educators, specialized supervised visitation two times per month, presenter costs and day programming (support group, Wellness Recovery, Parenting class and other groups and classes offered each week) included in the capitated rate and service hours. Additional services can be purchased at fee for service rate, see below.
Cost: Capitated rate of \$1,000 per month for each family, providing a minimum of 10 service hours per month, by a master’s level mental health professional. MHA assumes the risk of additional hours of service for those families in crisis.
- B. **Intensive In-Home Tier 2 (formerly Invisible Children’s Program):** This program supports parents towards their mental health recovery, while providing families with education, support and advocacy to gain and maintain healthy, safe and appropriate parent and child relationships. This program is strength-based, family-driven and follows a recovery model of service and a belief that healthy family bonds create natural supports for sustaining wellness. Services included in this level of care are case staffings, therapy services, psychiatric services, transportation, food, childcare, guest educators, presenter costs and programming (support group, Wellness Recovery and Parenting class) included in the capitated rate and service hours.
Cost: Capitated rate of \$575 per month for each family, providing a minimum of 6 service hours per month, by a master’s level mental health advocate.
- C. **Family Assessment and Empowerment Plan Development:** A tool for case managers at any time during the life of a case, but especially post-reunification as the family enters Aftercare. Masters-level professional will complete a thorough family assessment and develop family goals and action steps relating to mental health, parenting, employment, etc.
Cost: \$117 (3 hours at \$39/hour)
- D. **Mental Health Home Visit:** A Masters-level professional coordinates multiple services for families, accompanies parent/families when needed to court, school, or other events; meets with parent/family regularly both in-home and by phone; connects families with community activities; makes referrals and facilitates contact with professionals such as treatment providers in AODA/ MH; convenes interagency meetings when needed; benefits counseling when needed; assist with reunification and family visits; crisis support. This service can be short-term and goal-specific.
Cost: \$39/hour

- E. **Specialized Supervised Visitation**: A new and improved supervised visitation model that includes family engagement and teaching and modeling for the parent affected by mental illness. Staff involvement in the visits would ideally taper as the parent becomes more confident in new and improved skills and parent-child interactions. Visits would be facilitated by a Masters-degree mental health professional and would occur in the home where appropriate, although space is available at the agency if needed.
Cost: \$39/ hour for visitation and \$30/ hour for transportation
- F. **Special Family Activity (includes both parents and children)**: This may include therapeutic activities that include family play time, art, music, communication building, mental health education, life style and recovery enhancement.
Cost: \$39/ hour for visitation and \$30/ hour for transportation
- G. **Nurturing Parenting Class (for parents with a mental illness)**: A parenting class designed especially for parents with a mental illness. This series utilizes the Nurturing Parenting Program developed by Dr. Stephen Bavolek as its backbone, but addresses the special challenges of parenting with a mental illness and the impact parental mental illness has on the children. This is a nine-week evidence-based curriculum that is facilitated individually or as a group by a masters-level Family Advocate and a trained Peer Specialist. Training is provided individually by a Family Advocate or in a group setting by a mental health professional and a Peer Specialist. Food and supplies included.
Cost: \$30 per group session (2 hours) at MHA's office; \$39/hour for an individual session; OR \$39/hour for an individual session in-home with a rate of \$30/ hour for transportation.
- H. **Wellness Recovery Class**: Facilitated using MHA of Wisconsin's Wellness Recovery curriculum. This is an 8 week closed class. Training is provided individually by a Family Advocate or in a group setting by a by a mental health professional and a Peer Specialist. Food and supplies included.
Cost: \$30 per group session (2 hours) at MHA's office; \$39/hour for an individual session; OR \$39/hour for an individual session in-home with a rate of \$30/ hour for transportation.
- I. **Support Group (for persons with mental illness)**: Facilitated by Family Advocate or Peer Specialist.
Cost: \$20 per group session (1.5 hours) at MHA's office
- J. **Family Recreation Activities**: Organized summer picnics, holiday parties, and trips to the zoo/museums/or parks. Includes tickets, food and staff.
Cost: \$39/ hour for visitation and \$30/ hour for transportation

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