Military Family Support Group

"Helping the family who survived the war survive the peace."

Every service member will have their own experiences and reactions to their time in a war zone. The emotional, behavioral, and physical reactions affect the entire family long after deployment has ended. Military families can face more unique challenges and stress than the average civilian family does, making it important to connect with people who understand what you are going through.

Come connect with other military families in an environment in which you can:

- Offer support through showing understanding and empathy
- Share insight about similarities of experiences
- Solve problems by using the combined wisdom of group members
- Celebrate good times and "be there" during the bad ones

*This group is specifically for parents, spouses, partners, adult children, and siblings of service members.

Date: 1st & 3rd Monday of every month, starting February 1st

Time: 5:30-7pm

Where: NAMI Greater Milwaukee, 3732 W. Wisconsin Ave. (parking and entrance behind building)

Questions: Contact Andrea at NAMI 414-344-0447 or Andreak@namigrm.org

Reasonable Accommodations: Please notify NAMI of your disability-related accommodation requests. We will attempt to honor all requests.

DRYHOOTCH.ORG
"a place for veterans to reconnect"

NAMI
National Alliance on Mental Illness
Greater Milwaukee