

**MHA of Wisconsin Presents:**

## Motivational Interviewing

**November 5-6, 2019**

**9am-5pm**

**700 W. Virginia St., Timbers Building  
Lower Level Conference Room**

Motivational Interviewing is a person-centered, goal-directed counseling style to assist individuals change their behaviors by articulating and resolving ambivalence.

This two-day training introduces you to the principles, skills and strategies of motivational interviewing. With them you can assist peers and clients explore and resolve the ambivalence that interferes with the changes they wish to make.

Instructor Shawn Smith has over 20 years of direct service and management experience in human services. He was an early adopter of Motivational Interviewing, Trauma Informed Care, and Cultural Humility in Wisconsin. He is a member of the Motivational Interviewing Network of Trainers (MINT), sits on the MINT's trainer certification committee + Diversity Workgroup, and has trained MI to thousands of human service professionals working in criminal justice, workforce development, behavioral health, education, addictions and other human service contexts.

**REGISTER: [www.mhawisconsin.org/motivational-interviewing](http://www.mhawisconsin.org/motivational-interviewing)**

**Cost: \$125/person by October 30  
\$145 after October 30**

Contact Mary Kay Wagner, [mkwagner525@outlook.com](mailto:mkwagner525@outlook.com) for more information.



**MHA of Wisconsin**

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