

2019 Annual Report



Our Mission:

MHA of Wisconsin is dedicated to improving the mental health of all individuals through advocacy, education and service.

Our message is simple: Good mental health is fundamental to the health and well-being of every person and of the nation as a whole. We want all people to understand how to protect and improve their mental health and know when to seek help for themselves or someone close to them.

Accomplishments

- 93% of MHA clients learned skills to cope with their stress from our programs and services.
- 95% of MHA clients were better able to identify the stressors in their lives from participation in our programs and services.
- 93% of MHA clients were better able to communicate with others from participating in our programs and services.
- 100% of callers felt they knew where to go for resources after contacting MHA.
- Number of visitors to the MHA website: 102,953
- MHA provided technical assistance to 37 local and tribal health departments working on adolescent suicide prevention.
- MHA's Giving Voice to Depression podcast was named First in a list of the "Top 60 Depression Podcasts You Must Follow" with 300,000 plays
- In partnership with Marquette University, opened a Children's Clinic focused on developmental screening and autism.

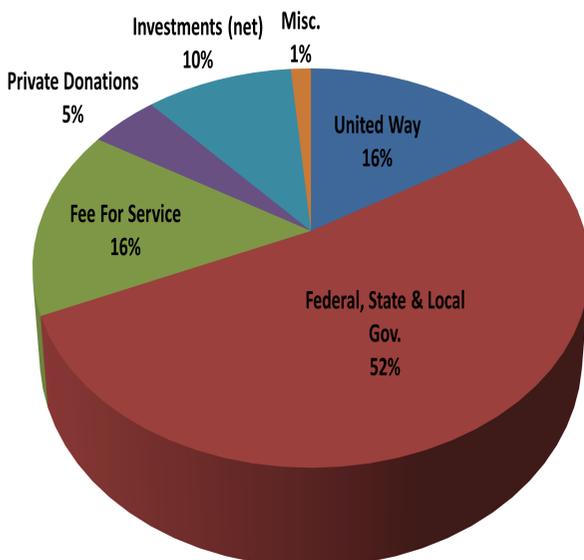
www.mhawisconsin.org



What Our Clients are Saying

- "After having counseling sessions at MHA for the past few months, I feel like I am happier and mentally healthier. I look forward to my session each week!" Crystal (Wellness Clinic Client)
- "Since I have been in the program, I am now sober, actively parenting, and have received numerous accolades for participating in the program and having increased confidence in my parenting." Ms. A (ADTC Client)

2019 Revenue Activity



2019 Annual Meeting

From left: Martina Gollin-Graves (MHA President/CEO), Bob Wrenn (Past Board Chair), Jim Sutton (Past Chair), Greg Washington (Board Chair), Jim Hill (Past Chair)